



## iRun4Life's Kids Only 3K set in Doylestown

Thu, May 16, 2019

Nearly 800 children in kindergarten through sixth grades will gather Sunday, May 19 at Central Park in Doylestown for the annual iRun4Life Kids Only 3K, the flagship event of nonprofit youth running organization iRun4Life. The 10th anniversary race is set to begin at 9 a.m.

iRun4Life, Inc., which began its running program in 2008, is a nonprofit organization combating childhood obesity through its noncompetitive and inclusive running program for boys and girls. iRun4Life's mission is to teach young children that exercise is fun and anyone can do it. The running program focuses on exercise, healthy nutrition and giving back to the community in the form of good deeds. iRun4Life believes that if children learn to love exercise at an early age, and realize how fun it is to feel healthy and strong, then they will live an active and healthy lifestyle throughout their lives.

The running program started with four elementary schools and 300 children participating. It has grown and expanded into 26 elementary schools in 10 school districts in Pennsylvania and New Jersey. Overall, close to 3,000 children participate in iRun4Life's running program. The children have logged over 368,000 miles, and successfully completed 38,000 good deeds in their communities.

The race, now in its 10th year, will bring together children from schools across the area, including Central Bucks, Council Rock, Abington, New Hope-Solebury elementary schools, among others.

The iRun4Life Kids Only 3K, which is open to the public, will feature community partners and sponsors, chip timing, finisher and placement awards, music and games, among other activities. Parents are encouraged to register their child at [iRun4Life.com](http://iRun4Life.com).

The organization also promotes positive community service and involvement. Three years ago iRun4Life launched its iRun4Life Gives Back program, where iRun4Life runners participate in unique and special running events to fundraise to purchase new exercise equipment for elementary schools in need. Last April, iRun4Life runners raised over \$6,000 to purchase new exercise equipment for Thomas Mifflin and Gideon Elementary Schools in Philadelphia. This year, the iRun4Life Gives Back Program is benefiting Robert Pollack Elementary School in Philadelphia.

Visit [iRun4Life.com](http://iRun4Life.com).